

**Gospel — John 14:1-6**

Jesus said to his disciples:

“Do not let your hearts be troubled.

You have faith in God; have faith also in me.

In my Father’s house there are many dwelling places.

If there were not,

would I have told you that I am going to prepare a place for you?

And if I go and prepare a place for you,

I will come back again and take you to myself,

so that where I am you also may be.

Where I am going you know the way.”

Thomas said to him,

“Master, we do not know where you are going;

how can we know the way?”

Jesus said to him, “I am the way and the truth and the life.

No one comes to the Father except through me.”

**Homily Transcript — *Jesus I Trust in You***

RAW TRANSCRIPT

This beloved section from John chapter 14 is part of the Last Supper discourse in John's Gospel it takes place a course on the night before Jesus died in Jesus's heart is troubles and the disciples obviously sense that something precipitous is about to unfold in their agitated Jesus speaks to their concern as his words are do not let your hearts be troubled trusting me and trusting God there many times in our lives where we look ahead into the future and we don't know exactly what's going to happen but there's a sense of loneliness from voting and it's so difficult not to simply let our minds run ahead is were concerned about how we can make it economically there are health challenges what's can happen to my wife what's going to happen to my husband what's going to happen to my kids how we can be able to pay for this Jesus's words to his disciples on the night before he died are the words that he speaks to us every day of our life do not let your hearts be troubled trust in me and trusting my father's love those words sound so beautiful and they are so difficult to live because often times with many years of married life with many years of life we accumulated experience is and that experience can sometimes get in the way of our trust because we know how it's going to come down we think we know how are spouses going to react we think we know how we are going to react we think we know how our children are going to react bad things do happen to good people and when many bad things happen to good people over and over again trust erodes and there's a wall that builds up around our hearts when we hurt

Fr. Michael Sparough, SJ Homily — *Jesus I Trust in You*

one another in family life when we hurt one another in marriage is when we get hurt through life we become callous we become cynical we think we know how it's going to play out we need to remember again and again the faith is a choice that love is a choice a choice to believe that we were loved first and they were loved unconditionally that Jesus words spoken 2000 years ago are spoken to us do not let your hearts be troubled the evil one loves to play on our fears loves to prey on our resentments loves to fan the reason those flames of resentment in our hearts Jesus's word to us tonight is don't go there trusting my love for you trusting my father's love for you trust that not only is there a place waiting for you in heaven that I've prepared because I want you to be part of this divine family trust that my grace is sufficient for you right here right now because I am the way to happiness I and the truth and I call you to life to share in my life and exercise that I started doing when I made the spiritual exercises of St. Ignatius is very simple exercise but I find it to be so helpful in my own prayer and I find myself returning to it again and again recommended it to many many retreat and serotonin is simply to do a check in with yourself so to take some time and just say what is my feeling right now what's going on right now and to check in with God check in with Jesus is particularly helpful if you can write this down but even if you can't write it down you can just softly say it out loud Jesus and feeling angry right now over 10 down at work and to surrender that feeling just to put it in the Lords hands with what I believe the five most powerful words in the English language Jesus I trusting you Jesus and feeling lonely right now miss my husband I miss my wife I miss my kids put it in the Lords hands Jesus I trusting you Jesus I'm feeling grateful right now I'm feeling loved and affirmed Jesus I trusting you Jesus I feel so proud of my kids right now Jesus I trust in you Jesus I feel ashamed of my own behavior why did I say that I said I was in Lafayette and I ended up saying it Jesus I trusting you check in with the Lord each day checking recognize what's going on and recognize that God is always greater than our feelings take Jesus at his word do not let your hearts be troubled trusting me trust that I can handle that whatever is going on in you whatever's going on in your own heart whatever's going on in your marriage whatever is going on at work whatever's going on in your family I can handle it share it with me it's when we close off when we isolate that our relationship with God just begins to disintegrate it's when we shut off from one another and we don't share we don't have the courage to to share what's going on with those we love and to listen and receive what's going on with those we love that's when love dies Jesus as I am the way the truth and the life he calls us to greater life he calls us to share the truth of what's going on is Jesus a set icon that you may have life and have it to the full fullness of life in your marriage is a fullness of life and your families a full news of life burning within you that brings the joy of Easter amen